



## FULL BIO

Honey & the 45s released its debut album, *The Need*, in 2012. Two years later, the band was awarded Best Blues/Jazz Band at the Chicago Independent Music Awards, and went on to open on the main stage for Cold War Kids at the Rock 'N' Roll Marathon in Chicago and Big Data in St. Louis. By the end of 2014, the group had made its television debut; Honey's live performance aired nationally on WGN, coinciding with the release of the band's critically-acclaimed second album, *MAD*. A brazen, sultry music video accompanied *MAD*'s lead single, "Dark."

Honey & the 45s' recordings have been in rotation on over 100 radio stations nationwide. The band has been featured in print, commercials, as entertainment for press conferences, and has performed at some of the most prestigious music festivals and venues throughout Chicago and the Midwest. In 2015 through 2016: Honey opened for Smash Mouth in North Carolina, Andy Grammer in Chicago's Grant Park, The Original Wailers at Navy Pier's Lobsterfest, Eric Hutchinson in St. Louis, and was chosen as one of the top 3 National emerging artists to perform at Summeriest's Land The Big Gig. In 2017, Honey released its new EP, *Speak*, featuring a collaboration with Chicago artist Pinqy Ring on the title track. In 2018 the band released its new single 1:1 (One on One) and will release a music video Spring of 2019. Honey continues to play favorite venues around Chicago and tour regionally.

## What Music Reviewers Say

"Honey & the 45s combine the low-fi sonics of eighties punk, the gorgeous rolling cadences of seventies R&B, and the infectious hooks of sixties pop. As whip smart as the lyrics are, the music itself is even better." – Robert Rodi, *New City Music*

"This five-piece is steered by the sweet-dripping vocals of Kristina Cottone. For a band that's only been together for a few years, they sound like they've been mastering their craft and living their songs for a decade or two." - Rob Ross, *Pop Dose*

“They have a way of making the genres of jazz, funk, and blues sound fresh and completely new, as if the band is introducing each style to their audience for the first time.” - Listen Here Reviews

“A stellar set of seven songs that seamlessly weaves genres like rock, soul, jazz and blues, ultimately telling the story of a passionate group that wants more than just success.” - Chicago at Night, by Jim Ryan

“It is quite difficult to not be entranced in the unreal qualities of Honey & the 45s. If they continue to produce even a percentage of the sound they achieved with Mad there is nothing that can hold this band back. I can't think of a better record to kick off the year.” - Greg Shaw, Nanobot Rock Reviews