

Contact: Kristina Cottone  
Tel: 618.531.8842  
Email: [booking@honeyandthe45s.com](mailto:booking@honeyandthe45s.com)  
Web: [www.honeyandthe45s.com](http://www.honeyandthe45s.com)

**FOR IMMEDIATE RELEASE**

November 16, 2018

## **New Single by Honey & the 45s Presses the Retro Bounds**

Honey & the 45s gets up close and personal with the release of its new single, *I on I*. The woman-fronted five-member group, dubbed The Band of Chicago, owes its soulful rock roots to jazz and blues influences. *I on I* presses that lineage, emerging as a distant relative to the pop rock mavens of the 70s and 80s.

*I on I*'s hard driving beat provokes up-on-your-feet dancing music reminiscent of Fleetwood Mac, Queen, The Police and Abba. As the song says, "We're gonna get this done" and it delivers on its promise.

Attached is the album artwork for the single, and here are the line note credits:

1:1 by Honey & the 45s  
Released Friday, November 16, 2018

Music and arrangement by Honey & the 45s  
Horn arrangements by Jack Kramer  
Lyrics by Kristina Cottone and Sonya Major  
Produced by Dan Silberman and Honey & the 45s  
Engineered and mixing by Dan Silberman (Ridgeway Recording)  
Mastered by David Glasser (Airshow Mastering)  
Album art by Bryan Sundquist

On the tracks (Honey & the 45s):

Dave Brandwein (drums, percussion)  
Kristina Cottone (vocals)  
Jon Gould (guitar)  
Sonya Major (vocals, keys)  
Sean Tatum (bass)

Guest musicians:  
Eli Wilson (saxophone)  
Sam Lauritsen (trumpet)  
Daniel Silberman (keys, synths, programmed drums/percussion)  
© all rights reserved

## **About Honey & the 45s**

Honey & the 45s' recordings have been in rotation on over 100 radio stations nationwide and can be heard on iTunes, Amazon, Spotify, Pandora, iHeartRadio and hundreds of other music sites. The band has been featured in print, commercials, as entertainment for press conferences, and has performed at some of the most prestigious music festivals and venues throughout Chicago and the Midwest. The band plays favorite venues around Chicago and tours regionally. In 2017, Honey & the 45s released its EP entitled *Speak* with a live-taping at Chicago's own JBTV. In 2015 through 2016: Honey opened for Smash Mouth in North Carolina, Andy Grammer in Chicago's Grant Park, The Original Wailers at Navy Pier's Lobsterfest, Eric Hutchinson in St. Louis, and was chosen as one of the top 3 national emerging artists to perform at Summerfest's Land The Big Gig.

In 2014, the band was awarded Best Blues/Jazz Band at the Chicago Independent Music Awards, and went on to open on the main stage for Cold War Kids at the Rock 'N' Roll Marathon in Chicago and Big Data in St. Louis. By the end of the year, the group had made its television debut; Honey's live performance aired nationally in December 2014 on WGN, coinciding with the release of the band's critically-acclaimed second album, *MAD*. A brazen, sultry music video accompanies *MAD*'s lead single, "Dark." Songs from Honey's debut album, *The Need* (September 2012) were remixed by Grammy-nominated engineer Fred Breitberg.

For more information and music reviews, please visit our website, [www.honeyandthe45s.com](http://www.honeyandthe45s.com). To schedule an interview with the band, please contact Kristina at [booking@honeyandthe45s.com](mailto:booking@honeyandthe45s.com)

###